



June 2018

WARRIOR NEWS

NDHS Student of the Month



Senior Aedon Douglas

Aedon is an honor roll student, NDHS Student Council Treasurer, involved in National Honor Society, and enrolled in college classes. He plans to attend UCC next fall.

Warrior of the Week

William Hickox
Caleb Parks
Killian Bond
Kirsten Olp
Sofia Alcantar

NDMS Student of the Month



Brooklyn Williams 7th Grade

Brooklyn works hard to maintain a high GPA while participating in choir, athletics, and leadership. She is a strong student who strives to be successful in all of her endeavors. Brooklyn is a positive example of what is possible when you are dedicated to achieving your goals.

NDES Student of the Month

Kaitlyn McDaniel Kindergarten

Kaitlyn is a very kind and outgoing student. She is eager to learn, help her teacher and peers, and puts her best effort into everything she does.



North Douglas BASKETBALL CAMP
BOYS & GIRLS GRADES 1ST-6TH
AUGUST 2ND-4TH
5PM - 7PM
North Douglas HS Multipurpose Room: 1st - 3rd Gym: 4th - 6th
SKILLS TRAINING, TOURNAMENT, AND FUN!
HEAD COACHES: JEFF DAVIS TYLER VANCIL
REGISTRATION FEE \$25
forms are available at local City Hall & ND Pool
FOR MORE INFO: awhipple@northdouglass.k12.or.us or call Abby at (541)733-0102

Upcoming Events This Summer:

- July 16-18 Warrior Volleyball Camp
- July 2-31 Summer School M-Thursday
- July 4-5 No Summer School
- July 28 NDMS Sports 5K Walk/Run
- August 3 \$20 Physicals at Health Revolution
- August 10 \$20 Physicals at Health Revolution
- August 2-4 Summer School
- August 13 1st-6th Basketball Camp
- September 4 Fall Sports Begin
- First Day of School

NDMS Sports will be doing a 5K Run/Walk on July 28. You can pick up registration forms at the pool and the post office. They will be available July 1st.

Website: www.northdouglass.k12.or.us
 Instagram: northdouglasshs
 Facebook: North Douglas Elementary Middle School
 North Douglas Middle School Sports
 North Douglas Booster

Congratulations 2018 Graduates



Aedon Douglas, Kyle Bowen, Tim Ford,
Brandon Rundell, Devin Davidge, Carson
Burriss, Tim Claiborne, Kaleb Welden

Gerardo Alcantar, Adrianna Barrone, Lilly
Downie, Estefani Alcantar, Amy Dooley,
Payton Black, Shayla Holmberg, Kate Andes,
Griffin Miller



NDHS Valedictorian was Amy Dooley.

She is the daughter of Daron and Kathleen Dooley. Amy plans on attending Linn-Benton Community College to become a surgical technologist. She is a three-sport varsity athlete, the Student Council treasurer, a member of FBLA, and National Honor Society.



NDHS Salutatorian was Brandon Rundell.

He is the son of Bob and Becky Rundell. Brandon plans on attending Oregon State University to become a pharmacist. He is a three-sport varsity athlete, the Student Council president, a National Honor Society member, three time FBLA national qualifier, and a middle school mentor.



NDHS graduating seniors walked through the elementary/middle school the day before graduation. NDEMS students made signs for them, along with lots of high fives and hugs.



The seniors stayed for the all school BBQ after the walk through. A dance-off entertained students waiting in line.



Students in Mr. Mast's Government class participated in a mock trial of former president Harry S. Truman. Truman, played by Tim Claiborne, was on trial for the use of the atomic bomb during World War II. The defense team, led by Brandon Rundell succeeded in getting President Truman acquitted on all charges.



Mr. Emmick's Physical Science class built solar powered cars as STEM activity to end the school year. The kits were loaned to the school from the STEAM library at UCC. The students raced their cars outside on the sidewalk to see whose car worked best. Breanna Smith built the fastest solar car with an average speed of 0.72 m/s.



Middle School Leadership ready for the last Social Night of the year.



Kindergarten Bowling Fun!



ZooSnooze



On June 4th & 5th, Mrs. Mast's third grade class enjoyed an overnight adventure to the Portland Zoo for the ZooSnooze. Students enjoyed exploring the zoo and seeing the animals in many different active states. Some got to hear the lion roar, see the painted dogs running around full of excitement, witness elephants stealing food from each other, and observe a cheetah actively engaged up-close in an exhibit window. Later in the evening, students went behind the scenes and got to explore and learn about the zoo's hospital, animal nutrition center, as well as hands-on activities with various reptiles. This was a wonderful adventure with a great group of kids and adults!





NDES held a field day on June 12th with eight stations, such as badminton, tag games, obstacle course, and balloon toss. Leadership and high school students helped at the stations.

1st through 5th grades walked up to the cemetery to take gravestone rubbings. They enjoyed popsicles after the hike up "cemetery hill".



NDMS students who keep their privilege pass all year get to go on a field trip. This year 23 students went to Putters in Eugene.





8th grader Palü Rayon-Wilder broke his previous record in PE with 120 pacers this year. Last year he ran 108 pacers. Freshman Natalie Thompson's 2017 record for the girls still remains unbeaten at 90 pacers.

NDES 5th graders wrapped up their drug awareness unit with a celebration. Officer Cameron Derrick brought his K-9 Trapper. The students signed a Live Drug Free pledge, had cake, and received a bracelet. They also wrote a persuasive essay titled "Too Smart to Start, Live Drug Free". Published below you can read the winning essay written by JJ Parsons.

Too Smart To Start, Live Drug Free!

Do you remember the saying, "be smart, don't let fires start?" I am going to change that up a bit, it will become, "don't be dumb, drugs make you numb!" They make you not you! When I say numb, I don't mean the doctor term, "*pins and needles*," I mean your out of yourself, your brain is influenced like a cat to a laserlight.

Further into this essay I'll go over how drugs influence you, the addiction, and the effect it has on you. Plus I will attempt to *persuade* you to not do drugs like *heroin, crack, meth*, etc.

The addiction will make you think only about when your gonna get your next hint of booze. Or you'll never get that perfect life you that might of imagined. You'll never get a clean slate to fix your life ruining mistake either. I want you to think hard on what I'm about to tell you. "You only will get one life, so if you want to start, think about it first. *Do I really want to spend my only chance of existing on something to not be depressed?*"

It also has a massive effect on your life.

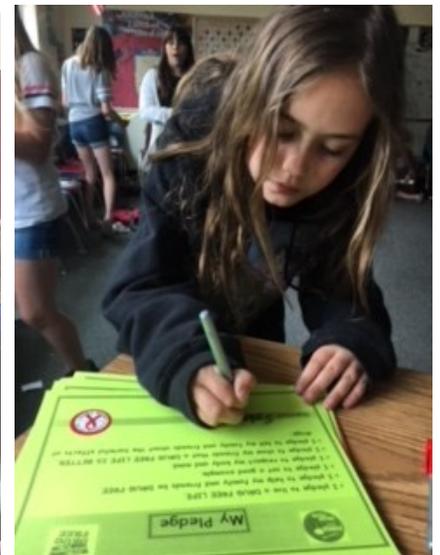
Ecstasy and crack will help a little into a high, but after, you'll feel even worse than before you were high. You have to find your inner natural high. Ecstasy and Crack also cause symptoms like nausea, emotional breakdowns, and psychosis. So do what's right.

If you want to look cool, don't go crying to Heroin's knees, be yourself, no matter how hard it is, be yourself. Your natural high should be the best medicine. And if you decide not to try to listen to what I'm saving you from, the least you could do is get educated first. Try to know what your taking, a drug dealer will say whatever he can get past his lips to make money and turn you into an addict. He/she will most likely give it to you and turn you into some kind of street thug who robs stores to make money and get high.

You will probably always tell yourself, "Just one more time, then I'm done for good." But withdrawal might get the best of you and force you back into your false state of mind.

My mom, personally, fought through withdrawal and became sick, but wanted me and my sister out of foster care, so she got a new house and we got out of being foster kids.

My conclusion to this paper is that if you decide to start, get educated first and know what is being snorted, swallowed, sucked etc. Make sure that you know what path your walking, and remember that you only exist once and once alone. Remember that and give it some thought. Not just for drugs though, before every choice...



Preschool and Kindergarten enjoyed a fun filled day at Enchanted Forest to celebrate the end of the school year.



NDMS held the 8th Grade Promotion Ceremonies on June 13th. The following students will be moving on to the high school as freshmen next year:

Adriana Alcantar, Vanessa Alcantar, Waylon Beckham, Danika Brannon, Lilian Christensen, Joseph Criteser, Cydni Dill, Sofie Dooley, Megan Holcomb, Braden Jentzsch, Samantha MacDowell, Zada Martin, Zia McKeithen, Macey Mello, Pablo Rayon-Wilder, Salena Shivers, Halli Vaughn, Glenn Woofter



The ES/MS held their end of the year PRIDE ticket drawing at an assembly on the last day of school. There were 16,589 PRIDE tickets to draw from. They also recognized Mrs. Zolezzi retiring after 30 years of teaching at NDMS.



The North Douglas District Office, also known as The Castle, is getting a much needed paint job.





1st through 5th graders went to Grove Camp for a one day outdoor school adventure, which included roasting marshmallows, archery, rock wall climbing, and a zip line.

